

OVERNIGHT CAR-CAMPING CHECKLIST

(Choose items that match your trip plans and the expected weather conditions)

The 10+ Essentials

Extra clothing layer(s)
Map of area (in waterproof case)
Drinking water
First-aid kit
Pocket knife
Flashlight (with extra batteries/ bulbs)
Sunglasses (with retaining strap)
Sunscreen
Compass (if planning to hike)
Emergency Food (Powerbar etc.) (if planning to hike)
Matches (waterproof container) and
firestarter (if planning to hike)
Whistle (if planning to hike)

Camping Gear

Duffle Bag/Backpack
Day/summit/fanny pack (if planning to hike)
Tent
Sleeping bag (in waterproofed stuff sack/plastic bag)
Sleeping pad
Pillow
Matches/lighter
Plate/cup/utensils
Plastic garbage bag
Resealable plastic bags
Repair Kit
Duct Tape
Rope or Cord

Hiking Items

Hiking Stick or Staff
Trail Food / Snacks
Water Bottles or Platypus
Water (two quart capacity) (Gookenaïd)
Moleskin/2nd skin/duct tape

Patrol Items

Food
Stove and fuel
Pots/frying pans/lids (just enough to cook the menu)
Pot grabber
Plastic garbage bags
Biodegradable soap
Pot scrubber/dish towel
Water filter/purifier
Water-purification tablets

Clothing

Quick-dry shorts (Scout shorts)
Short-sleeved shirt (uniform is best)
Belt
Long pants (fleece or wool)
Fleece jacket/wool sweater/parka
Rainwear (top/bottoms)
Long underwear top (polyester)
Long underwear bottoms (polyester)
Regular underwear (if more than two days)
Fleece or wool gloves/mittens
Sun Hat
Warm hat (fleece or wool)

Footwear

Boots/shoes that match the terrain
Wicking liner socks (if planning to hike)
Hiking socks (if planning to hike)
Extra laces

Personal Items

Toilet paper and zip lock bags for disposal
Toothbrush and toothpaste
Small towel
Brush/comb
Prescription medicines (if applicable)
Money
Field guides
Camera and film
Notebook and pencil
Watch
Camp chair